



INTERNSHIP BROCHURE

Welcome to the next level



Know More

Offered By:

Hola Nutriment

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ABOUT THE INTERNSHIP

Hola Nutriment, in collaboration with ABS Clinical Solutions and Ehsaas-FDNS, has launched a comprehensive internship program designed for aspiring professionals in the fields of Nutrition, Food & Phytochemical Analysis and public health. This unique program offers participants the opportunity to gain in-depth knowledge and hands-on experience in various domains, including nutritional counseling and practice, food and nutraceutical analysis, clinical research, community nutrition, and public health.

Under the guidance of industry experts, participants will work on real-world projects, enhance their analytical and counseling skills, and contribute to meaningful initiatives aimed at improving health outcomes. Our internship provides a well-rounded learning experience, combining theoretical insights with practical applications—all under one roof. Join us to build your expertise and take a significant step forward in your career!



**BRINGING IDEAS TO LIFE
AND FOSTERING
INNOVATION THROUGH
TRAINING.**

WHY CHOOSE US

Embark on a transformative journey with Hola Nutriment's distinguished internship program, designed to shape the future of aspiring professionals in Nutrition, Food & Phytochemical Analysis, and Public Health. Immerse yourself in practical experiences across nutritional counseling, food analysis, clinical research, and community nutrition. Under the mentorship of seasoned experts, you will engage in real-world projects that not only refine your skills but also contribute to meaningful health initiatives. Our program seamlessly integrates theoretical knowledge with hands-on application, providing you with the ideal foundation to advance your career in the health and wellness sector. Join us to elevate your expertise and set the course for professional success.



**TRANSFORMING
CONCEPTS
INTO REALITY
AND
NURTURING
INNOVATION**



PART I

- 1. Leverage Evidence-Based Practice:** Apply cutting-edge nutritional science in clinical and community settings.
- 2. Excel in Client Counseling:** Use advanced techniques to inspire behavior change and lasting health outcomes.
- 3. Harness Food Science Knowledge:** Translate the science of food into practical, impactful diet solutions.
- 4. Build a Thriving Freelance Career:** Learn strategies for client acquisition and efficient practice management.
- 5. Advance Nutritional Assessment Skills:** Conduct precise evaluations and analyze complex case studies with confidence.
- 6. Stay Ahead in Clinical Nutrition:** Explore the latest innovations in functional foods and therapeutic trends.

PART II

- 1. Hands-On Training:** Operate industry-standard UV-Vis and HPLC instruments on real food and nutraceutical samples.
- 2. Data Interpretation:** Learn methods to process, analyze, and report UV-Vis and HPLC results effectively.
- 3. Quality Control Applications:** Explore how these techniques ensure product safety, efficacy, and compliance with standards.
- 4. Mini-Project:** Undertake a guided project using UV-Vis and HPLC to test food or nutraceutical products, and present findings.
- 5. Expert Guidance:** Interact with experienced mentors from academia and the food industry.



PART III

- 1. Needs Assessment**
Identify key health challenges through community discussions and targeted observations.
- 2. Home Surveys**
Conduct home visits and data-driven surveys for a deeper understanding of health concerns.
- 3. Health Intervention Programs**
Organize impactful health camps, awareness drives, and community-focused activities to tackle identified issues.
- 4. Closing and Continuity**
Share outcomes with the community and establish follow-up plans to ensure long-term impact.

OUR COLLABORATION

Bioequivalence Study Center, Jadavpur University, Kolkata.



The Jadavpur Bioequivalence Centre, located in Kolkata, India, is a premier facility for conducting bioavailability and bioequivalence studies. Established under the aegis of Jadavpur University, it adheres to international standards, including Good Clinical Practices (GCP) and Good Laboratory Practices (GLP). The center specializes in evaluating pharmaceutical formulations' safety and efficacy for regulatory approvals. With state-of-the-art infrastructure, advanced analytical tools, and a highly skilled team, it supports academic and industry-driven clinical research, making it a key player in India's pharmaceutical and healthcare sector.

ABS Clinical Solutions, Kolkata.



ABS Clinical Solution, is a ISO 9001:2015 Kolkata based growing Contract Research Organization (CRO), provides a wide range of high quality writing and animal toxicity study services for the Biotech, Pharmaceutical, Medical devices companies as well as to the academic institution across the Globe. Our team of qualified, experienced personnel's are well equipped to write various types of medical writing, perform preclinical toxicity, and Clinical studies respectively for different Regulatory, Clinical, and Scientific Organization.

Ehsaas-FDNS, Kolkata



EHSAS - Feel the Desire of Nature and Society" is a national-level non-government organization based in Mithani, West Bengal, India. It focuses on promoting well-being through physical, social, and psychological support while enriching society with art and culture. EHSAS is dedicated to projects like "JAGRITI," which raises awareness about women's hygiene, education, sports, mental health, and more; "VIDYAN," a knowledge enhancement program for children; and the "Green Chain Campaign," aimed at tree plantation and reducing pollution. The organization is committed to future initiatives that enhance society's quality and environmental culture.

ImTheia Biosolutions, Kolkata



ImTheia BioSolutions, a division of ImTheia (OPC) Private Limited, is a professionally managed ISO 9001:2015 certified Contract Research Organization (CRO) based in Kolkata. As a Startup India and MSME registered entity, it is also an LSSSDC-approved Training Partner. The organization is currently undergoing DCGI inspection for its state-of-the-art bioanalytical facility. ImTheia BioSolutions provides high-quality services in bioanalytical testing, formulation development, and clinical research, offering innovative and regulatory-compliant solutions to the pharmaceutical and healthcare industries.



Thank You

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